



Do you live in an aged care facility?

My name is Sarah Russell. I am collecting ideas about how to make aged care facilities better for residents. I want to talk with people like you who have first-hand experiences:

- ❖ What is it like living in your aged care facility?
- ❖ What are the things you like, and don't like?
- ❖ What would you change or improve?

You have a wealth of knowledge about what it is like to live in an aged care facility. I'd like to hear what's good about where you live and what you think would make it a better place to live.

My mother lives in an aged care facility, and I visit her often. I completed my doctorate in public health at the University of Melbourne in 1990s. I am an experienced researcher who enjoys talking with people about social issues.

I would like to talk with you in person or over the phone. Our conversation will take about 30 minutes during which I will ask you some questions about living in your aged care facility.

Your suggestions will contribute to a book I plan to publish about living in an Australian aged care facility. You and the facility you are living in will not be identified in the book.

If you would like to take part in this useful project please contact me on **03 9489 5604** or **0435 268 357**.

